**RISK ASSESSMENT (Exemplar)**

*If your self-proposed SSC is out with the UK, you MUST complete a mandatory Risk Assessment form.*

**Important Information**:

When completing the Risk Assessment form, you should consider the following and identify how you will minimise the risks.

**Destination** How far is destination from airport/how far transfer?

How will you travel from the airport to your elective destination?

Have you been to this destination before?

Why did you choose this destination?

**Travel**  Are you travelling alone or in company?

What does the FCO website say about current travel conditions

Is it within the host institution site or does it involve a daily journey?

What mode of transport to and from place of work, is it safe?

**Climate** Is it hot/cold, summer/winter, wet/dry

**Accommodation** is the accommodation secure and in safe area, have students stayed there previously

**Contacts** Contacts (colleagues/friends/relatives) in an emergency

**Security C**onsider personal safety, valuables

Is the area noted for high crime statistics, robbery, muggings, terrorist activities?

Ensure access to a quick alternative source of funds in the case of loss or theft.

**Health** Any health risks, including HIV exposure, the risk avoidance measures; other

diseases associated with the area to be visited, what are these?

Is water drinkable, is food hygiene a likely problem

**Work related** Are there local safety arrangements, working with chemicals, drugs, specialised equipment.

**Student Name**: **Insert Student name** **Registration No.: Insert Registration number**

**Course Year**: **Enter session** **SSC Name**: **Insert title here**

**Country undertaking SSC: Village/Town:**

If necessary, please tick this box to confirm that you have taken out adequate insurance cover.

**Insurance Confirmed**

| **RISK** |  | **PROCEDURE** |  |
| --- | --- | --- | --- |
| **Risk Health** | Possible risk of malaria, dengue fever, typhoid, hepatitis A, cholera,  tuberculosis, meningococcal meningitis, diphtheria, Hepatitis B, Japanese B  encephalitis, rabies and diarrhoea | **Risk Health Procedure** | I have contacted University Health Service to ensure that I am immunised against  common infections. To avoid mosquito bites, I intend to wear clothes that cover arms  and legs, use insect repellent and sleep under a mosquito net. I will take a supply of  antidiarrheal  tablets and oral rehydration salts. I have been vaccinated against COVID-19. I will bring basic medicines with me. |
| **Risk Accommodation** | Possible risk if accommodation is in an unsafe area and is not secure | **Risk Accommodation Procedure** | I am staying in accommodation on the hospital site that has been recommended by  previous medical students because it is safe and secure. |
| **Risk Transport** | Possible risk of robbery on public transport. | **Risk Transport Procedure** | The hospital is located across the road from the hostel. However, when travelling I  will be wary of people who approach me. |
| **Risk Climate** | I will be travelling in the monsoon season so it will be hot and wet | **Risk Climate Procedure** | I will take light, quick drying  clothes and sandals. I will ensure that I am fully hydrated when the weather is hot. |
| **Risk Crime** | Risks include robbery, mugging, sexual abuse | **Risk Crime Procedure** | I will follow the government guidance on safety in public places and will always remain cautious for any risk of crime.  I will photocopy my passport, birth certificate, visa etc and  keep these separate from my luggage when travelling and will keep valuables in a  money belt. |
| **Risk Food** | Risk of contamination from water and from uncooked foods. | **Risk Food**  **Procedure** | I will be vigilant about what I eat and drink, avoid uncooked  foods and use bottled water for drinking and brushing teeth. I will only use sealed  bottles of water but is this is not available I will use water purifying tablets. I will  avoid street vendors. |
| **Risk Work** | Risk of needle stick injuries, infections from patients | **Risk Work**  **Procedure** | I will comply with local health and safety practices. I will take prophylaxis kit, bottle  of antibacterial hand, gloves and masks. |
| **Risk Level Before** | Medium |  |  |
| **Risk Level After** | Medium |  |  |

**Nature of further action needed/Disclaimer**:

I will continue to monitor the FCO, WHO and FitforTravel websites for updated information.

I intend to take with me University emergency contact details and will establish the location of the nearest British Embassy and contact details before leaving the UK.

I will arrange adequate health and travel insurance

|  |
| --- |
| **DATE**: 20 Sept 2022 |