**RISK ASSESSMENT (Exemplar)**

*If your self-proposed SSC is out with the UK, you MUST complete a mandatory Risk Assessment form.*

**Important Information**:

When completing the Risk Assessment form, you should consider the following and identify how you will minimise the risks.

**Destination** How far is destination from airport/how far transfer?

How will you travel from the airport to your elective destination?

Have you been to this destination before?

Why did you choose this destination?

**Travel**  Are you travelling alone or in company?

What does the FCO website say about current travel conditions

Is it within the host institution site or does it involve a daily journey?

What mode of transport to and from place of work, is it safe?

**Climate** Is it hot/cold, summer/winter, wet/dry

**Accommodation** is the accommodation secure and in safe area, have students stayed there previously

**Contacts** Contacts (colleagues/friends/relatives) in an emergency

**Security C**onsider personal safety, valuables

Is the area noted for high crime statistics, robbery, muggings, terrorist activities?

Ensure access to a quick alternative source of funds in the case of loss or theft.

**Health** Any health risks, including HIV exposure, the risk avoidance measures; other

diseases associated with the area to be visited, what are these?

Is water drinkable, is food hygiene a likely problem

**Work related** Are there local safety arrangements, working with chemicals, drugs, specialised equipment.

**Student Name**: **Insert Student name** **Registration No.: Insert Registration number**

**Course Year**: **Enter session** **SSC Name**: **Insert title here**

**Country undertaking SSC: Village/Town:**

If necessary, please tick this box to confirm that you have taken out adequate insurance cover.

**Insurance Confirmed**

| **RISK** |  | **PROCEDURE** |  |
| --- | --- | --- | --- |
| **Risk Health** | Possible risk of malaria, dengue fever, typhoid, hepatitis A, cholera,tuberculosis, meningococcal meningitis, diphtheria, Hepatitis B, Japanese Bencephalitis, rabies and diarrhoea | **Risk Health Procedure** | I have contacted University Health Service to ensure that I am immunised againstcommon infections. To avoid mosquito bites, I intend to wear clothes that cover armsand legs, use insect repellent and sleep under a mosquito net. I will take a supply ofantidiarrhealtablets and oral rehydration salts. I have been vaccinated against COVID-19. I will bring basic medicines with me. |
| **Risk Accommodation** | Possible risk if accommodation is in an unsafe area and is not secure | **Risk Accommodation Procedure** | I am staying in accommodation on the hospital site that has been recommended byprevious medical students because it is safe and secure. |
| **Risk Transport** | Possible risk of robbery on public transport. | **Risk Transport Procedure** | The hospital is located across the road from the hostel. However, when travelling Iwill be wary of people who approach me. |
| **Risk Climate** | I will be travelling in the monsoon season so it will be hot and wet | **Risk Climate Procedure** | I will take light, quick dryingclothes and sandals. I will ensure that I am fully hydrated when the weather is hot. |
| **Risk Crime** | Risks include robbery, mugging, sexual abuse | **Risk Crime Procedure** | I will follow the government guidance on safety in public places and will always remain cautious for any risk of crime.I will photocopy my passport, birth certificate, visa etc andkeep these separate from my luggage when travelling and will keep valuables in amoney belt.  |
| **Risk Food** | Risk of contamination from water and from uncooked foods. | **Risk Food** **Procedure** | I will be vigilant about what I eat and drink, avoid uncookedfoods and use bottled water for drinking and brushing teeth. I will only use sealedbottles of water but is this is not available I will use water purifying tablets. I willavoid street vendors. |
| **Risk Work** | Risk of needle stick injuries, infections from patients | **Risk Work** **Procedure** | I will comply with local health and safety practices. I will take prophylaxis kit, bottleof antibacterial hand, gloves and masks. |
| **Risk Level Before** | Medium |  |  |
| **Risk Level After** | Medium |  |  |

**Nature of further action needed/Disclaimer**:

I will continue to monitor the FCO, WHO and FitforTravel websites for updated information.

I intend to take with me University emergency contact details and will establish the location of the nearest British Embassy and contact details before leaving the UK.

I will arrange adequate health and travel insurance

|  |
| --- |
| **DATE**: 20 Sept 2022 |