

1 CTS Club Committee Seminar- 13th of Feb

Please arrive for 5.30pm in the Adam Smith building, lecture room 1115.

2 GUSA Council Elections 4th & 5th of March

If any of your club members are interested in running for a position please let them know they can contact any current council member to find out more about their position. Information about roles can also be found on the GUSA website. Or you can come meet the Council on the 21st of Feb to ask Questions 12-2pm.

February is LGBTQ+ History Month

GUSA will be running its annual 'LGBTQ+ Role Models in Sport' Campaign to highlight some individuals in the Association who are members of our community and the wider LGBTQ+ community. If you would like to be featured, please get in touch with Phoebe on FB or email at gusa-welfare@glasgow.ac.uk

4 500 Miles- 23rd of February!

We will be running 500 Miles for Mental Health for the second time in this annual event! This will be held at Garscube on Sunday the 23<sup>rd</sup> of February, and we would love for as many clubs as possible to join us. There will be busses shuttling from campus, with entertainment and refreshments provided after the activity. More information on the Facebook event to follow!

## **Contact Council:**

gusa-president@glasgow.ac.uk, gusa-vicepresident@glasgow.ac.uk, gusasec@admin.gla.ac.uk, gusa-alumni@glasgow.ac.uk, gusa-clubsport@glasgow.ac.uk, gusa-events@glasgow.ac.uk, gusafincon@admin.gla.ac.uk, gusa-fundraising@glasgow.ac.uk, gusahealth@glasgow.ac.uk, gusapubcon@admin.gla.ac.uk, gusatravel@glasgow.ac.uk, gusa-welfare@glasgow.ac.uk



## Save the Date: 13 of March Nutrition Talk

TRAINBRAIN speaker Renee MacGregor will talk about nutrition, relationships between activity and food, and managing eating disorders. Renee is a best-selling author and leading performance and eating disorder specialist dietitian with over 15 years' experience working with elite athletes, coaches and sport science teams so we would encourage you to make the most of this opportunity to hear her talk!

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