

The Clinical Skills Programme

Year 1	Year 2	Year 3	Year 4	Year 5
<p>Measuring pulse, blood pressure, temperature and respiratory rate (Introducing the Early Warning Scoring System)</p> <p>Hand washing Cleanliness champion programme <i>(online programme to be completed by graduation)</i></p> <p>Venepuncture and correct management of specimens</p> <p>Administering subcutaneous intradermal and intramuscular injections</p> <p>Basic Life Support First responder at scene including recovery position</p> <p>Limb movements/Surface Anatomy</p> <p>Moving and Handling <i>(online programme to be completed by graduation)</i></p>	<p>Blood glucose measurement using reagent strips with and without a glucometer and interpretation</p> <p>Subcutaneous administration of insulin</p> <p>Regional examination of the musculoskeletal system part 1 - lower limb and spine</p> <p>Neurological examination [Motor system in limbs]</p> <p>Gastrointestinal examination including rectal examination</p> <p>Nutritional assessment/ BMI</p> <p>Genitourinary examination including urinalysis using multistix</p> <p>Respiratory examination</p> <p>Peak Flow Measurement (Peak flow meter)</p> <p>Demo of devices for inhaled medication</p> <p>Cardiovascular examination</p> <p>Basic life support for in-hospital airway skills</p>	<p>Managing an ECG monitor/performing and interpreting a 12 lead ECG</p> <p>Heart sounds using Harvey</p> <p>Faecal occult blood testing</p> <p>Establishing venous access</p> <p>Suturing including safe use of local anaesthetics and basic wound management</p> <p>Examination of the ear</p> <p>Regional examination of the musculoskeletal system part 2 – upper limb</p> <p>Neurological examination including examination of the cranial nerves</p> <p>Examination of the breast</p> <p>Assessment of the mental state</p> <p>Examination of the peripheral vascular system</p> <p>Scrubbing up for surgical and sterile procedures (in clinical placement)</p> <p>Nebuliser, MDI (inhaler)</p> <p>Personal Protective Equipment (<i>Module 4 of cleanliness programme</i>)</p> <p>Male and female urinary Catheterisation</p> <p>Advising patients on collection of mid stream specimen of urine and pregnancy testing</p> <p>Insertion of a Nasogastric tube</p> <p>Ophthalmic assessment</p>	<p>Recognition and Management of the Acutely Ill Patient <i>(presently at Kirkland's and Ayrshire Hospitals only)</i></p> <p>Arterial blood gas sampling and interpretation</p> <p>Transcutaneous monitoring of Oxygen</p> <p>Administering Oxygen</p> <p>12 lead ECG recording</p> <p>Blood cultures</p> <p>Pelvic examination</p> <p>Taking a cervical smear and vaginal swabs</p> <p>Nose, throat and skin swabs</p> <p><u>Child health including:</u> Intraosseous needle insertion</p> <p>Lumbar puncture</p> <p>Child urinary catheterisation</p> <p>Paediatric emergencies and Basic Life Support</p> <p><u>Acute Care Days:</u> <i>(4th into 5th year)</i></p> <p>Diabetes</p> <p>Cardiology</p> <p>Trauma</p>	<p><u>Acute Care Days:</u></p> <p>Sepsis Perioperative Respiratory Care of the Unconscious Patient Transfusion Medicine</p> <p><u>Preparation for Practice</u> Immediate Life Support course</p> <p>Simulation training * <i>(presently at Kirkland's and Ayrshire Hospitals only)</i></p> <p>IV therapy: Preparation of intravenous fluids and use of infusion devices incorporating making up drugs for injections</p> <p>Dosage and administration of insulin and sliding scale</p>