

EMERGENCY MEDICINE BLOCK UNIVERSITY HOSPITAL HAIRMYRES **CURRICULUM AND LOGBOOK**



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Student Name:

Matriculation Number:

Email Address:

University Hospital Hairmyres

Start Date:

Finish date:

ED Supervisor:

EMERGENCY DEPARTMENT UNIVERSITY HOSPITAL HAIRMYRES (UHH)

Welcome letter to 4th and 5th year medical students:

Hello,

You are due to start your emergency medicine block on (Date). We would like to welcome you to UHH ED. I have attached a copy of the rota slots. I would appreciate if you could indicate to me your top two preferences as soon as you can. Details of where and when we meet will be circulated to you by email.

On day one, me or a colleague will show you around the department, then sit down together and agree some house rules. We shall also agree objectives and clarify the assessments you are expected to achieve. Pauline, our secretary will provide printed handbooks and assist you with obtaining swipe cards. You will also receive copies of the departmental adult and paediatric handbooks for reference to various local guidelines and pathways. Each student will be provided two pairs of student scrubs. Scrubs are departmental property lent to you and are to be returned prior to finishing the block.

There are educational opportunities that we would like you to join in with. Firstly, there will be a full day simulation course at Kirklands hospital that has been designed specifically for undergraduate EM block. For you it will be on (date). In the department, if you are scheduled to be on the floor, we would like you to attend the daily medical handover at 16:00 in the seminar room. If you have cases you were involved with, we would like you to take the opportunity to briefly present them to the team. Every Thursday, there is junior teaching at 14:00 - 16:00 delivered by a consultant, again in the seminar room. On a Wednesday there is hospital grand round in the lecture theatre. You are encouraged to attend these and there is free lunch at noon. Grand round topics vary with some of more relevance than others. Should you wish to be involved in other projects, please indicate early so that we could facilitate this.

We will also try to arrange a whole day paramedic observer shift whilst you're here. Ian Macleod, a senior paramedic kindly organizes your slots. Dates will be communicated to you in due time. This has been highly enjoyed by previous students.

From an assessment point of view you have to do 2 normal mini CEXs and 5 reflective cases. We would recommend that you complete most with a senior clinician to get maximum learning value. There will also be a mock SAQ exam at the end of block. The exam is intended as a formative assessment; pass or fail of the EM block is not solely based on it. You are expected to seek opportunities to cover your intended learning outcomes and self-directed learning is expected of

you as well. The library has dedicated university computers and WiFi for students. Please approach the librarian, who will show you around the library.

Attendance is crucial on all days you are allocated. Should you require days off, you need to discuss this beforehand and email your year-head of school for approval. <u>Any sickness must be recorded on "my Campus"</u>.

We look forward to having you here; Above all enjoy yourselves.

Thank you

Thank you

Dr. Mohamed Chekroud

Consultant in Emergency Medicine

Supervisor for Undergraduate Emergency Medicine Block

University Hospital Hairmyres

01355584989

Updated 21/2/2020

UNIFORM

ED tends to be a busy place of work with potential of exposure bodily fluids, plaster and other things. The department will provide a limited number of scrubs to each student to be worn while on rotation at ED. Each student will receive 2 pairs of green student scrubs. It is each individual's responsibility to launder and maintain the scrubs. Scrubs are property of the department lent to you. Prior to being signed off we expect scrubs to be returned laundered and ironed. In addition, we expect you to adhere to the university of Glasgow medical student dress code, which is in the clinical specialty induction book sent separately by the undergraduate office.

LOG BOOK

The overall aims of the EM attachment are for you to:

- Acquire first hand experience of the assessment and management of a wide spectrum of acutely ill and injured patients.
- Become proficient in clinical examination and practical procedures.

This workbook is designed to help give structure and guidance during your Emergency Medicine attachment. The workbook **must be completed and handed in** to your supervising tutor at the feedback session on the final day. Your workbook will be graded and this will form part of your EM mark.

Short case reflection

Please use the Short Case worksheets to record your Patients interaction for the following;

- 1 Trauma
- 1 acute medicine
- 1 critical care
- 1 acute surgical
- 1 frailty

Please note these should preferably be discussed with a senior clinician (registrar or consultant). You are encouraged to use the forms underneath to document your short case reflections.

EMERGENCY M	EDICINE LOGBOOK	CASE		™ Ur	iversity Glasgow
STUDENT NAME				of C	Glasgow
☐ Acute Medicine	☐ Acute Surgical	☐ Trauma		☐ Critical Care	☐ Frailty
DATE	AGE/GENDER		СНІ		
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PAST MEDICAL HISTO	ORY				
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STUDENT NAME				of C	Glasgow
	Acute Surgical	☐ Trauma		☐ Critical Care	☐ Frailty
DATE	AGE/GENDER		СНІ		
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☐ Acute Medicine	☐ Acute Surgical	☐ Trauma		☐ Critical Care	☐ Frailty
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	Acute Surgical	☐ Trauma		☐ Critical Care	☐ Frailty
DATE	AGE/GENDER		СНІ		
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Student1	Mon	Tue	Wed	Thur	Fri	Sat	Sun
Week 1	Induction	8-4 Majors	8-12 Majors	8-4 Majors	8-4 Majors	2-10	OFF
Week 2	Off	9-5 Minors	9-1 Minors	9-5 Minors	9-5 Minors	OFF	OFF
Week 3	12-8 Resus	12-8 Resus	9-1 Resus	12-8 Resus	Study time	OFF	OFF
Week 4	3-10 Majors	3-10 Majors	9-1 Majors	3-10 Majors	3-10 Majors	Off	OFF
Week 5	9-1 Floating	9-1 Floating	9-1 Floating	9-1 Floating	Academic Day	OFF	OFF
Student2	Mon	Tue	Wed	Thur	Fri	Sat	Sun
Week 1	Induction	9-5 Minors	9-1 Minors	9-5 Minors	9-5 Minors	OFF	OFF
Week 2	12-8 Resus	12-8 Resus	9-1 Resus	12-8 Resus	12-8 Resus	OFF	OFF
Week 3	3-10 Majors	3-10 Majors	9-1 Majors	3-10 Majors	Study time	2-11	OFF
Week 4	OFF	9-1 Floating	9-1 Floating	9-1 Floating	9-1 Floating	OFF	OFF
Week 5	8-4 Majors	8-4 Majors	8-12 Majors	8-4 Majors	Academic Day	OFF	OFF

Student 3	Mon	Tue	Wed	Thur	Fri	Sat	Sun
Week 1	Induction	12-8 Resus	9-1 Resus	12-8 Resus	12-8 Resus	OFF	OFF
Week 2	3-10 Majors	3-10 Majors	9-1 Majors	3-10 Majors	3-10 Majors	2-11	OFF
Week 3	OFF	9-1 Floating	9-1 Floating	9-1 Floating	Study time	OFF	OFF
Week 4	8-4 Majors	8-4 Majors	8-12 Majors	8-4 Majors	8-4 Majors	OFF	OFF
Week 5	9-5 Minors	9-5 Minors	9-1 Minors	9-5 Minors	Academic Day	OFF	OFF

Student4	Mon	Tue	Wed	Thur	Fri	Sat	Sun
Week 1	Induction	9-1 Floating	9-1 Floating	9-1 Floating	9-1 Floating	OFF	OFF
Week 2	8-4 Majors	8-4 Majors	8-12 Majors	8-4 Majors	8-4 Majors	OFF	OFF
Week 3	9-5 Minors	9-5 Minors	9-1 Minors	9-5 Minors	Study time	OFF	OFF
Week 4	12-8 Resus	12-8 Resus	9-1 Resus	12-8 Resus	12-8 Resus	2-11	OFF

Week 5	Off	3-10	9-1	3-10	Academic	OFF	OFF
		Majors	Majors	Majors	Day		

Rota: As long as plenty of notice is given, we exert flexibility to accommodate swaps, or changes. Absences should be reported and recorded.

• Wednesday afternoons are dedicated to pursuing sports and hobbies.

This is a template of your assessment – fill it out as you go along and you can use it as a self-assessment tool. This is the criteria we will use for your end of block assessment. Ask if you are having problems, preferably before the last week.

• Friday of the third week could be used to reflect, revise and write up outstanding cases.

	ABOVE EXP.		BELOW EXP
Professional Attributes			
-Attendance and Reliability	No absences	All absences explained in advance unless exceptional circumstances – documented on MyCampus	No explanation for absences. 5 or more absences University will be informed if this occurs
-Ability to manage own learning	All assessments completed on time. F/U of patient. Multiple additional learning opportunities		Formal assessments not completed. No additional learning opportunities. Didn't attend teaching sessions
Relationship with team	"We'd like you to be an FY2 here"		Complaints regarding attitude
CLINICAL COMPETENCE			•
Knowledge			
History Taking			
Clinical Examination Skills			
Clinical Judgement			
Communication Skills			
FORMAL ASSESSMENT	Must be com	pleted by an ST4 or person	on of a higher grade.
Mini CEX			
5 Short Case Reflections (Medical, Surgical, Trauma, Critical Care, Frailty)	All 5 discussed by ST4 or above. At least one with consultant.		Not complete
17 Essential Presentations	All 16	13 - 15	Less than 13
Exam – Score out of 70	> 55	45 - 55	< 45
Presenting at unit meetings, writing an audit, or completing a piece of written work			
Significant contribution to the handling of a difficult or particularly complex case			
Extra attendance			
Extra attendance			





The did-you-know list for Medical students

Department Layout:

You will be shown around on arrival. Areas to take note of are:

As part of your induction, we would like you to familiarise yourselves with the physical layout of the department, personnel who work here and equipment we frequently use.

Personnel:

While with us, try to identify as many people as you can who work in the ED or help us out. Introduce yourself and when appropriate ask to learn about their role in the patient journey.

Area	Where?
The waiting room	
The waiting room play area	
How to get to x-ray	
How to get to CT	
How to ask for porters to transport	
patients	
The sluice	
The staff tea room	
The staff toilets	
How to get to the canteen	
How to get to the library	
How to get to the lecture theatre	
The patients toilets	
How to send blood specimens to the lab	
How to send microbiological specimens	
The seminar room	
The eye/ ENT room	
Reception/ Where are the notes kept	
The triage room	

Personnel	Role
Receptionists/ Front desk	
ED secretary	
Paramedics	
Consultant in charge	
Nurse in Charge	
Junior trainee/ FY2s and GPSTs	
ED higher specialty trainees	
Physician associates	
Mints Major nurses	
Mints Minor nurses	
Clinical support workers	
Porters	
Physiotherapists/ Rapid Response	
Liaison psychiatry nurses	
Addiction nurses	
Receiving specialities	

The did-you-know list for Medical students

Equipment:
ED is a very hands-on speciality. Below is examples of equipment you should familiarise yourself with over the next few weeks.

Equipment	Where
Airway equipment	
How to check the suction	
apparatus?	
Venepuncture and blood sampling	
equipment	
Where to find a sterile bowl?	
Where to find a urine battle	
Where to find universal white top	
container?	
How to operate the pod?	
How to check a patient trolley	
How to use non-re-breather oxygen	
mask?	
Can you perform BM	
Can you perform urinalysis using	
sticks	
Can you demonstrate how to use	
slit lamp?	
Where is the plaster trolley	

Where is the Easy-IO and needles?	
Where is the standby phone?	
Where to find blankets and sheets	
Where to get a wheel chair	
Where is the controlled drug	
cupboard?	
Where is the portable ultrasound	
machine?	
Where is the fascia iliaca block	
trolley?	
Where is the serotonin syndrome	
box?	
Where is the blood gas analyser?	
Where to find common clinical	
forms?	
Where do you find common advice	
sheets?	
Identify the different types of	
disposal bins we use	
Identify the sharps bins and discuss	
what should and should not go in	
them	

Procedure	Level of Competence	Supervisor	Date
Measure temperature	Unsapervised		
Measure pulse rate and BP	Unsupervised		
Measure O2 saturation	Unsupervised		
Carry out venepuncture	Unsupervised		
Carry out intravenous cannulation	Unsupervised		
Carry out arterial blood gas sampling	Unsupervised		
Manage blood samples correctly and safely	Unsupervised		
Take blood cultures	Unsupervised		
Measure blood glucose (BM)	Close supervision		
Carry out and interpret 3 and 12-lead ECG	Unsupervised		
Carry out peak flow respiratory test	Unsupervised		
Carry out urine multi dipstick test	Unsupervised		
Carry our cognitive state examination	Unsupervised		
Provide oxygen to a patient	Close supervision		
Carry our catheteristation	Close supervision		
Use local anaesthetic	Close supervision		
Carry out wound care and basic wound closure	Close supervision		
Employ safe disposal of clinical waste, needles and sharps	Close supervision		

Levels of supervision:

Unsupervised - Trusted to act unsupervised (under clinical oversight). Supervisor advises what to do and returns to check everything

Close supervision – Trusted to act with close supervision. Supervisor directly observes student perform procedure in clinical area.

PROCEDURES

Procedure	Full Description
Measure temperature	Measure body temperature. Measure a patient's
•	body temperature using an appropriate recording
	device.
Measure pulse rate and BP	Measure pulse rate and blood pressure. Measure a
_	patient's pulse and blood pressure using manual
	techniques and automatic electronic devices.
Measure O2 saturation	Carry out transcutaneous monitoring of oxygen
	saturation. Apply, and take readings from, an
	electronic device which measures the amount of
	oxygen in the patient's blood
Carry out venepuncture	Carry out venepuncture. Insert a needle into a
	patient's vein to take a sample of blood for testing
Carry out intravenous cannulation	Carry out intravenous cannulation. Set up an
	infusion using infusion devices. Insert a tube into a
	patient's vein to take a sample of blood for testing,
	give an injection or give fluids via the vein. Make
	the appropriate choice of fluids and their doses and
	demonstrate the correct use of electronic devices
	which drive and regulate the rate of fluid
	administration
Carry out arterial blood gas sampling	Carry out arterial blood gas and acid base sampling
	from the radial or femoral artery in adults. Insert a
	needle into a patient's radial artery (in the wrist or
	forearm) or the femoral artery (in the groin) to take
	a sample of blood to test levels of gases, such as
	oxygen and carbon dioxide, , and the balance of
	acidity and alkalinity in the blood
Manage blood samples correctly and safely	Manage blood samples correctly and safely. Make
	sure that blood samples are placed in the correct
	containers, that these are labelled correctly and sent
	to the laboratory promptly and in the correct way.
	Take measures to prevent spillage and
	contamination. Highlight high risk samples, for
	example samples from patients who have blood
TD 1 11 1 1	borne viruses, appropriately to other staff
Take blood cultures	Take blood cultures. Take samples of venous blood
	to test for the growth of infectious organisms in the
Massum blood alvassa (DM)	blood Massaura blood glusses Massaura the concentration
Measure blood glucose (BM)	Measure blood glucose. Measure the concentration
	of glucose in the patient's blood at the bedside using
	appropriate equipment and recording and
Corry out and interpret 3 and 12 lead ECC	interpreting the results Corry out and interpret a 3 and 12 lead
Carry out and interpret 3 and 12-lead ECG	Carry out and interpret a 3 and 12-lead electrocardiograph. Set up a continuous recording of
	the electrical activity of the heart. Ensure the
	recorder is functioning correctly, and interpret the tracing
Carry out peak flow respiratory test	Carry out peak flow respiratory function tests.
Carry out peak flow respiratory test	Perform a peak flow test to see how well the
	patient's lungs are working
	patient stungs are working

Carry out urine multi dipstick test	Carry out, and advise patients how to carry out, a urine multi dipstick test. Test a sample of urine for abnormal contents, such as blood or protein, and for pregnancy
Carry our cognitive state examination	Carry out a cognitive state examination. Make an assessment of the patient's mental processes such as orientation (awareness of who they are, the date and where they are for example), ability to remember things they were told a few minutes earlier, ability to recognise and name common objects and ability to carry out simple numerical calculations
Provide oxygen to a patient	Provide oxygen to a patient. Prescribe and administer oxygen using a delivery method appropriate for the patient's needs and monitor and adjust oxygen as needed
Carry our catheteristation	Carry out male and female urinary catheterisation. Pass a tube into the urinary bladder to permit drainage of urine, in male and female patients
Use local anaesthetic	Use local anaesthetics. Perform local anaesthesia applied directly to the skin or injected into skin or body tissues
Carry out wound care and basic wound closure	Carry out wound care and basic wound closure and dressing. Provide basic care of surgical or traumatic wounds and apply dressings appropriately
Employ safe disposal of clinical waste, needles and sharps	Employ safe disposal of clinical waste, needles and other 'sharps'. Ensure that these materials are handled carefully and placed in a suitable container for disposal

ADDITIONAL PROCEDURES

Procedure	Age	Gender	Date	Supervisor

ESSENTIAL PRESENTATIONS

During your 5-week block you should aim to see the following presentations. If you do not have the opportunity to see them then you must read around the topic and understand how they may present and are treated.

NO	ITEM	DATE(s) SEEN
1.	Basic Airway management	
2.	ABCDE Approach to the unwell patient	
3.	Anaphylaxis	
4.	Acute exacerbation COPD	
5.	Acute exacerbation Asthma	
6.	Chest Pain – IHD/ACS/STEMI – PCI	
7.	Cardiac Arrest	
8.	GI Bleed	
9.	Sepsis + Septic Shock	
10.	Collapse / Altered Conscious Level	
11.	GCS/Neurological Examination	
12.	Head + Cervical Spine Injury	
13.	Acute Confusion	
14.	Fits & Seizures	
15.	DKA	
16.	#Neck of Femur	
17.	Minor Injury	

CURRICULUM

Domain	Knowledge – Skills - Behaviours		
	Knowledge	Recognise the importance of different elements of history Recognise that patients do not present history in structured fashion Know likely causes and risk factors for conditions relevant to mode of presentation Recognise that history should inform examination, investigation and management	
History Taking	Skills	Identify and overcome possible barriers to effective communication Manage time and draw consultation to a close appropriately Assimilate history from the available information from patient and other sources Focus on relevant aspects of history	
	Behaviours	Show respect and behave in accordance with Good Medical Practice	

Domain	Knowledge – Skills - Behaviours		
Clinical Examination	Knowledge Skills	Understand the need for a valid clinical examination Understand the issues surrounding consent and capacity in the ED Understand the basis for clinical signs and the relevance of positive and negative physical signs Recognise constraints to performing physical examination and strategies that may be used to overcome them Recognise the limitations of physical examination and the need for adjunctive forms of assessment to confirm diagnosis Perform an examination relevant to the presentation and risk factors that is valid, targeted and time efficient Interpret findings from the history, physical examination and mental state examination, appreciating the importance of clinical, psychological, religious, social and cultural factors Actively elicit important clinical findings Perform relevant adjunctive examinations	
	Behaviours	Show respect and behaves in accordance with Good Medical Practice	

Domain	Knowledge – Skills - Behaviours		
	Knowledge	Recall indications, contraindications, side effects, drug interactions and dosage of commonly used drugs Recall range of adverse drug reactions to commonly used drugs, including complementary medicines Define the effects of age, body size, organ dysfunction and concurrent illness on drug distribution and metabolism relevant to the trainees practice	
Therapeutics and Safe Prescribing	Skills	Review the continuing need for long term medications relevant to the trainees clinical practice Anticipate and avoid defined drug interactions, including complementary medicines Advise patients (and carers) about important interactions and adverse drug effects	
	Behaviours	Recognise the benefit of minimising number of medications taken by a patient Appreciate the role of non-medical prescribers	

Domain	Knowledge – Skills - Behaviours		
Time	Knowledge	Understand that organisation is key to time management Understand that some tasks are more urgent or more important than others Understand the need to prioritise work according to urgency and importance Understand that some tasks may have to wait or be delegated to others Outline techniques for improving time management Understand the importance of prompt investigation, diagnosis and treatment in disease management Interpret history and clinical signs Conceptualise clinical problem Generate hypothesis within context of clinical likelihood Test, refine and verify hypotheses Develop problem list and action plan	
Management, Decision Making and Clinical Reasoning	Skills	Estimate the time likely to be required for essential tasks and plan accordingly Group together tasks when this will be the most effective way of working Recognise the most urgent / important tasks Organise and manage workload effectively Interpret clinical features, their reliability and relevance to clinical scenarios including recognition of the breadth of presentation of common disorders Recognise critical illness Generate plausible hypothesis(es) following patient assessment Construct a concise and applicable problem list using available information Construct an appropriate management plan and communicate this effectively	
	Behaviours	Ability to work flexibly and deal with tasks in an effective fashion Communicate changes in priority to others Remain calm in stressful or high pressure situations and adopt a timely, rational approach Recognise the difficulties in predicting occurrence of future events Show willingness to search for evidence to support clinical decision making	

Domain	Knowledge – Skills - Behaviours		
	Knowledge	Outline the components of effective collaboration Describe the roles and responsibilities of members of the healthcare team Structure an interview appropriately Understand the importance of the patient's background, culture, education and preconceptions (ideas, concerns, expectations) to the consultation process Recognise that every patient/relative may desire different levels of explanation and have different responses to bad news Recognise that breaking bad news can be extremely stressful for those involved Outline and follow the guidance given by the GMC on confidentiality	
Team working and communication	Skills	Accurate attributable note-keeping Establish a rapport with the patient and any relevant others (e.g. carers) Listen actively and question sensitively to guide the patient and to clarify information Identify and manage communication barriers, tailoring language to the individual patient and using interpreters when indicated Deliver information compassionately, being alert to and managing their and your emotional response (anxiety, antipathy etc) Use and share information with the highest regard for confidentiality, and encourage such behaviour in other members of the team	
	Behaviours	Recognise the importance of prompt and accurate information sharing with the Primary Care team following hospital discharge Approach the situation with courtesy, empathy, compassion and professionalism, especially by appropriate body language Ensure that the approach is inclusive and patient centred and respect the diversity of values in patients, carers and colleagues Respect the different ways people react to bad news	

Domain	Domain Knowledge – Skills - Behaviours		
	Knowledge	Understand the elements of clinical governance Recognise that governance safeguards high standards of care and facilitates the development of improved clinical services Recognise importance of evidence-based practice in relation to clinical effectiveness Outline the use of patient early warning systems to detect clinical deterioration Understand the principles of infection control as defined by the GMC Understand the principles of preventing infection in high risk groups (e.g. antibiotic use to prevent Clostridium difficile) including understanding the local antibiotic prescribing policy Understand the advantages and disadvantages of guidelines Understand the role of audit & Quality Improvement (developing patient care, risk management etc) Understand the steps involved in completing the audit cycle	
Evidence and Guidelines	Skills	Recognise the potential for infection in patients being cared for Actively engage in local infection control procedures and antibiotic guidelines Appraise retrieved evidence to address a clinical question	
	Behaviours	Encourage all staff, patients and relatives to observe infection control principles Keep up to date with national reviews and guidelines of practice (e.g. NICE and SIGN) Aim for best clinical practice (clinical effectiveness) at all times, responding to evidence- based medicine Recognise the occasional need to practise outside clinical guidelines Recognise the need for audit in clinical practice to promote standard setting and quality assurance	

Domain	Knowledge – Skills - Behaviours		
	Knowledge	Demonstrate knowledge of:	
Major Presentations	V I Ranidly access the collansed nations in terms of ΔRC airway breathing and cit		
	Behaviours	Exhibit a calm and methodical approach Demonstrate ability to work in a team and succinctly present clinical details of situation Recognise need for immediate assessment and resuscitation	

Domain	Knowledge – Skills – Behaviours			
Acute Presentations	Knowledge	Demonstrate knowledge of: Abdominal pain and swelling, including loin pain Acute back pain Acute confusional state and delirium Acute psychiatry Aggressive/disturbed behaviour Blackout/collapse Breathlessness Chest pain Falls Fever Fits/seizures Take a thorough history and examination Be able to identify those that require admit Be able to recognise life/limb-threatening Perform mental state examination Understand importance of undertaking ap Interpret appropriate diagnostic tests Perform an ECG Be able to insert a urinary catheter and NO Demonstrate ability to secure appropriate Be able to take ABGs	Frailty Haematemesis/melaena Headache Head Injury Limb pain/swelling Palpitations Poisoning Rash Traumatic limb and joint injuries Weakness and paralysis Wound assessment and management to arrive at a valid differential diagnosis ission and those who may be safely discharged trauma propriate investigations G tube venous access and set up IV fluids	
Be able to demonstrate the technique of wound toilet, wou The above should be demonstrated during your block of Behaviours Exhibit timely assessment in the acute phase			ing your block or at a skills session at the UoG.	
		Recognise the importance of a multi-disciplinary approach Recognise the need for a chaperone Appreciate that some events are terminal and End of Life Care should be instituted.		

Space for reflections: Emergency Medicine Block - Curriculum and Logbook (v5) Space for reflections: Emergency Medicine Block - Curriculum and Logbook (v5)